



East, Central and Southern Africa College of Physicians

A constituent College of the ECSA College of Health Sciences

Healthy communities through access to well-trained physicians

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Upcoming Events:

- May 18th -19th TOT in Entebbe.
- SAVE THE DATE: September 5th -7th ECSACOP Scientific conference & AGM, Livingstone, Zambia.

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ECSACOP TRAINING AT LEVY MWANAWASA TEACHING HOSPITAL, ZAMBIA

Zambia and Zimbabwe made history last year when they admitted the first cohort of trainees under the ECSACOP Internal Medicine curriculum.

Zambia currently has a total of 11 trainees at 3 different training sites: Livingstone Hospital, University Teaching Hospital and Levy Mwanawasa Teaching Hospital.

We spoke to ECSACOP trainees at Levy Mwanawasa Teaching Hospital in Lusaka, Zambia about their training experience so far and why they decided to pursue Internal Medicine training under a new curriculum.

The ECSACOP trainees had this to say about their training experience;



possible way and to offer the best services and to effect change in a positive way”

“Doing specialist training in a country like this is difficult as we are not given opportunities to pursue our desired career path. Getting into Specialty training especially with support from the Ministry is very hard. ECSACOP was at the right place at the right time. My career dreams are now being met. Since we are the pioneers of this program, we want to strive to be the best and be trained in the best

-Dr. Yannick Lombe

Year one – Levy Mwanawasa Teaching Hospital



“ECSACOP Training combines both the practical and theoretical aspects of training in comparison to the other programs. It’s the better training for clinicians. After my training, I want to practice in a private Centre and offer consultancy services.”

- Dr. Amanda Lundah

Year one – Levy Mwanawasa Teaching Hospital

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"After my training, I would like to work in a small town where most needs are. I am family oriented, I want to fix people and send them off, back to their families."

- Dr. Garbvin Kalombo

Year one – Levy Mwanawasa Teaching Hospital



"I am and have always been passionate about Medicine and I want to make a difference"

- Dr. Julia Ilunga Mwamba

Year One - Levy Mwanawasa Teaching Hospital

ECSACOP TRAINING OF TRAINERS (TOT) IN NDOLA



Some of the ECSACOP Physicians in Ndola after the TOT with facilitators Dr. Phil Gothard (RCP) and Dr. Mark Dixon

On 5th -7th February, ECSACOP conducted its 4th Training of Trainers in Ndola, Zambia. The workshop brought together 17 physicians drawn from the biggest hospitals in Zambia including University Teaching Hospital (UTH), Ndola Teaching Hospital (NTH), Kitwe Teaching Hospital (KTH), Nchanga North Hospital (NNH), Kabwe Central Hospital (KCH) and Mutti Kabelenga Hospital (MKH)

The workshop was organized by ECSACOP with support from the Zambia Ministry of Health

The training was facilitated by Dr. Phil Gothard from the Royal College of Physicians, London, with support from Dr. Mark Dixon, the ECSACOP Training Director at Mpilo Central Hospital in Bulawayo.

ECSACOP TRAINING OF TRAINERS (TOT) IN LILONGWE



Dr. Phil Gothard with ECSACOP Physicians in Lilongwe after the TOT

The 5th ECSACOP TOT training was held from 10th to 12th February in Lilongwe, Malawi. The training brought together Physicians from the two accredited ECSACOP training sites namely Kamuzu Central Hospital and the Queen Elizabeth Central Hospital.

Both trainings focused on the key elements of effective feedback, shedding light on the responsibilities of both the trainer and the trainee in ensuring that feedback is both constructive and effective.

This training was also moderated by Dr. Phil Gothard from the Royal College of Physicians London.

ECSACOP has been applauded for its continuous deliberate efforts to train its faculty and improve their teaching skills.

The popularity of the Training of Trainers course continues to grow with the college now receiving requests for training from other teaching institutions and non-Physicians.

ECSACOP encourages all its Physicians to participate in the training.

PROSPECTIVE ECSACOP TRAINING SITES IN UGANDA INSPECTED BY ECSACOP ACCREDITATION TEAM



The ECSACOP Accreditation Team at Mengo Hospital, Kampala

In the run up to commence training in September this year, ECSACOP is proud to have completed the site inspection of three training sites in Uganda. The sites are Mengo Hospital, St. Francis Hospital Nsambya and Lira Regional Referral Hospital.

The exercise was led by the Prof. James Jowi, the ECSACOP Council Member from Kenya. Dr. Emmanuel Ssekasanvu, the President of the Association of Physicians in Uganda and Dr. Susan Nakireka represented the Local Association of Physicians.

This site inspection exercise involves verification of resources to support the clinical training program in accordance to the ECSACOP curriculum.

ECSACOP training sites are assessed against a set of standards that have been identified by the College, which set out to ensure that a minimum standard of facilities and ECSACOP Clinical supervisors are available to support the delivery of training and the needs of trainees.

GET INVOLVED

ECSACOP membership is currently open to any trained and licensed physician within the ECSACOP member states.

Current membership joining fee is \$250 at registration; \$100 annual renewal fee.

Membership Benefits

- Networking opportunities with over 450 Physicians in the region
- Career development through opportunities with ECSACOP working committees
- Exclusive member access to study and research opportunities
- Founding Fellowship status
- Use of FCP(ECSA) post nominal

UPCOMING EVENTS!!

- Thank you for your continued support towards the mission and vision of the College. The College Secretariat will be sending out reminders later this month for payment of annual renewal fees. The renewal fee amount is \$100
- May 18th -19th ECSACOP TOT in Entebbe.
- **SAVE THE DATE:** September 5th -7th ECSACOP Scientific conference & AGM, Livingstone, Zambia.

E-mail the Secretariat info@ecsacop.org for inquiries

SAVE THE DATE
4th ECSACOP Scientific Conference
'The Emerging Threat of NCDs in Africa'
Livingstone, Zambia

5th - 7th
September
2019

EAST CENTRAL AND SOUTHERN AFRICA COLLEGE OF PHYSICIANS